

The INSIDERS

HOMEWORK

Spiritual Spring Cleaning

PRAYER:

Dear God,

I've allowed my thoughts and emotions to negatively affect my life for quite some time now. By not dealing with the ill effects, they have now seeped little by little into my spirit and taken up residence. These leeches, viruses and attachments must be evicted and deleted immediately. Thank you for the power to go inside and demolish these predators which impede my ability to rejoice always.

I ask you to reveal the leeches person by person. Please search and scrub my spirit for harmful viruses and attachments. Show me how to separate everything that does not belong with you from you. I want to be left with only you inside of me, so that, you can work in me, and you can work through me, and you can work as me in this earth realm. I give you praise, because through your presence and power I don't have to stay the way I am. You came that I might have life and have it more abundantly. I look to you to lead me and guide me as I commit to take the time for Spiritual Spring Cleaning!

It is as the Christ; I decree and declare ... IT IS SO. In the name of Jesus I pray, AMEN.

MEDITATION PROMPT:

There is some stuff you've attached to God that doesn't belong to God. There's some stuff you've attached to your spirit that should have never been attached to your spirit. So as an INSIDER you've got to look on the inside and find out what you're still carrying that came from the outside and you gave it residence on the inside. Do the inventory now. The only thing that should be on the inside is what comes with WHO is on the inside.

MEDITATION MANTRA:

I examine myself. Reveal to me what I have attached externally that I need to delete.

Who, what did you hear and/or see?

Situation
(person, place or thing)

Emotion



A large, stylized graphic of a starburst or sunburst composed of several overlapping triangles in pink, orange, yellow, and cyan, centered over the lined writing area.

The QUESTION: Are you really ready to be an INSIDER? ...Be Open!

Four horizontal lines for writing a response to the question.